



A SAFE AND CARING
ENVIRONMENT TO MEET
YOUR MENTAL HEALTH NEEDS

- Adult Inpatient Program
- Adult Dual Diagnosis and Detox
- Military Program
- Adult Partial Hospitalization
- Adolescent Inpatient Program
- Adolescent Intensive Outpatient Program



801 Seneca Street . Ventura, CA 93001
805.653.6434

OUTPATIENT SERVICES

801 S. Victoria Avenue . Suite 303
Ventura, CA 93004

www.VistadelMarHospital.com

Accredited by the Joint Commission for
Accreditations of Health Care Organization



TO LEARN MORE PLEASE CALL:

805.653.6434

ADULT INPATIENT PROGRAM

...for adults with acute psychiatric illness.

Vista del Mar Hospital's Adult Inpatient Program utilizes an integrated treatment approach providing the highest quality care in mental health.

- Structured evidence-based treatment curriculum
- Crisis care
- Expressive therapy
- Art, music, movement therapies
- Individualized discharge plan with follow-up care in your community

ADULT DUAL DIAGNOSIS INPATIENT PROGRAM

...for adults struggling with psychiatric illness compounded by chemical dependency.

- Medically supervised detoxification and treatment
- Comprehensive treatment plan
- Discharge planning for continuation of care to assist with the recovery process.

ADULT PARTIAL HOSPITALIZATION PROGRAM

...alternative treatment option for adults in an outpatient setting.

- Two tracks: Dual Diagnosis and Psychiatric
- Education and group counseling available Monday through Friday
- Free transportation within Ventura County

ACTIVE DUTY MILITARY AND VETERAN SUPPORT PROGRAM

...a specialized program for military members. Helping to address issues related to:

- Post-traumatic stress disorder
- Combat related stress
- Substance abuse/dependence
- Mood disorders
- Co-occurring disorders (PTSD/CD)

Vista del Mar Hospital has offered services to our military and military families for over 20 years. We now offer a specialized program using evidence based practiced therapies approved by the department of Defense and Department of Veterans Affairs.

- Medically supervised detoxification
- Comprehensive treatment plan
- Discharge planning for continuation of care to assist with recovery

ADOLESCENT INPATIENT PROGRAM

...an acute, inpatient psychiatric program for adolescents 12 to 17 years of age.

The Adolescent Program at Vista del Mar Hospital is for short intensive hospital stays designed for crisis stabilization. Adolescents are treated by licensed professionals whose combined specialties focus on dealing with depression, substance abuse, aggression, rebellion, self-injury and suicidal behaviors. Treatment includes daily groups, family sessions, recreational therapy, medication management and behavioral management education.

A state-approved school program assures the continuation of current academic work while the adolescent is undergoing treatment.

ADOLESCENT INTENSIVE OUTPATIENT PROGRAM

Our adolescent IOP is designed to help address the struggles of today's adolescents ages 12 through 17. Our program provides tools and builds support while connecting teens and their families. Our team of professionals use evidence-based curriculum and practices for the treatment of psychological symptoms. Our IOP allows the adolescent to attend school during the day and return home after our program.



VISTA *del* **MAR**

Behavioral Healthcare Hospital

TO LEARN MORE PLEASE CALL:

805.653.6434

www.VistadelMarHospital.com
www.facebook.com/vistadelmarhospital