



## Adult Outpatient Programs

Comprehensive mental health services  
beyond traditional weekly therapy

**Empowering Adults**

**For a Brighter Future**

### Why Choose Vista's Adult Outpatient Programs?

Adults will be able to understand how they can build their own coping skills to sustain long-term recovery. Every client will also receive education on wellness, recovery and resiliency.

**Interested or Have any  
questions?**

**Call 805-850-4001**

or visit [www.vistadelmarhospital.com](http://www.vistadelmarhospital.com)



**Intensive Outpatient (IOP)**  
3x/week

**Partial Hospitalization Program (PHP)**  
5 Days/Week

ASK US ABOUT  
TRANSPORTATION

**We Accept Most  
Insurances!**

Located at:  
801 S. Victoria Avenue #303  
Ventura, CA 93003