



Adolescent Outpatient Programs

Structured program for adolescents ages 12-17, seeking additional mental health support, beyond traditional weekly therapy.

Intensive Outpatient Program (IOP)
3 days/week

Partial Hospitalization Program (PHP)
5 days/week

Comprehensive in-person IOP and PHP programs

- Program is offered in the evening to accommodate after-school hours
- Age-appropriate support
- Experienced, Licensed Professionals available (RN's, LMFT's, Psychiatrists)
- Dinner is provided for Teen Program

Evidenced Based Treatment

- Education on coping skills to sustain long-term recovery
- Learn to manage any symptoms
- Receive education on wellness, recovery, and resiliency
- Practice mindfulness and positive self-talk
- Learn to balance treatment needs with each of their own responsibilities outside of treatment

Interested in our program or have questions?

Call 805-850-4001

or visit www.vistadelmarhospital.com



We Accept Most Insurances!

Located at:
801 S. Victoria Avenue #303
Ventura, CA 93003