

*A safe and caring
environment to meet
your mental health needs*

- ▶ Adult Inpatient Program
- ▶ Adult Dual Diagnosis & Detox
- ▶ Military Program
- ▶ Adult Partial Hospitalization
- ▶ Adolescent Center

VISTA DEL MAR HOSPITAL
801 Seneca Street
Ventura, CA 93001
805.653.6434

VistadelMarHospital.com

Accredited by the Joint Commission for
Accreditation of Health Care Organizations

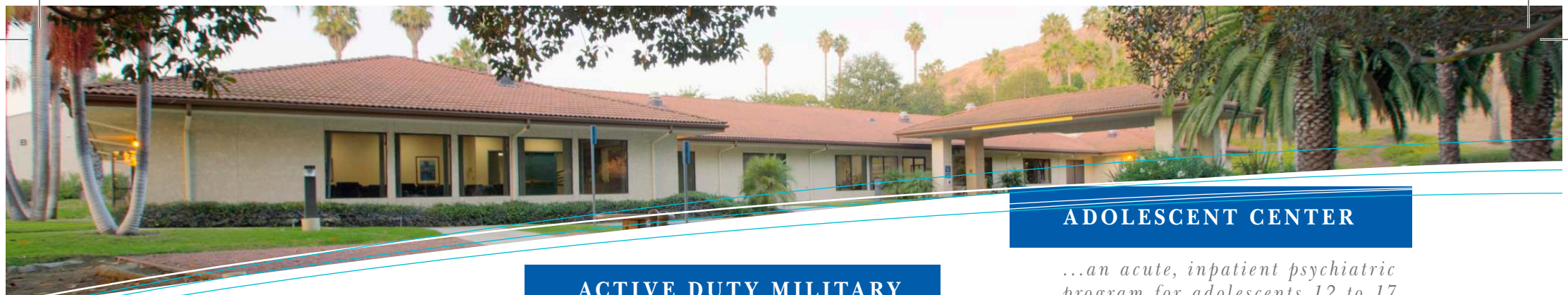


VISTA_{del}MAR

Behavioral Healthcare Hospital

Assessment and Referral Services are
offered at no charge. To learn more please call:

800.776.0040
805.653.6434



ADULT INPATIENT PROGRAM

...for adults with acute psychiatric illness.

Vista del Mar Hospital's Adult Program utilizes an integrated treatment approach providing the highest quality care in mental health.

- Highly structured
- Crisis stabilization
- Medication management
- Group & recreation therapies
- Individualized discharge plan with follow-up care in your community

PARTIAL HOSPITALIZATION PROGRAM

...alternative treatment options for adults in an outpatient setting.

- Two tracks: Dual Diagnosis & Psychiatric
- Education and group counseling available 5 days a week
- Free transportation within Ventura County

ACTIVE DUTY MILITARY & VETERAN SUPPORT

...a specialized program for military members. Helping to address issues related to:

- Posttraumatic Stress Disorder
- Combat Related Stress
- Substance Abuse/Dependence
- Mood Disorders
- Co-Occurring Disorders (PTSD/CD)

Vista del Mar Hospital has offered services to our military and military families for over 20 years. We now offer a specialized program using evidence based practiced therapies approved by the Department of Defense and Department of Veterans Affairs.

- Medically supervised detoxification
- Comprehensive treatment plan
- Discharge planning for continuation of care to assist with recovery

TO LEARN MORE PLEASE CALL:

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ADOLESCENT CENTER

...an acute, inpatient psychiatric program for adolescents 12 to 17 years of age.

The Adolescent Center at Vista del Mar Hospital is for short intensive hospital stays designed for crisis stabilization. Adolescents are treated by licensed professionals whose combined specialties focus on dealing with depression, substance abuse, aggression, rebellion, self-injury and suicidal behaviors. Treatment includes daily groups, family sessions, recreational therapy, medication management and behavioral management education.

A state-approved school program assures the continuation of current academic work while the adolescent is undergoing treatment.

ADULT DUAL DIAGNOSIS INPATIENT PROGRAM

...for adults struggling with psychiatric illness compounded by chemical dependency.

- Medically supervised detoxification
- Comprehensive treatment plan
- Discharge planning for continuation of care to assist with the recovery process