



# VISTA<sup>del</sup>MAR

Behavioral Healthcare Hospital

**24-Hour Admissions**

**Main Hospital : 800.776.0040**

**Military Liaison: 805.653.6434 x209**

## Military Support Program

Everyday life on its own can be overwhelming and there may come a time that one needs the help of caring professionals. For those who have dedicated their lives to serving our country, the normal trials of everyday life are now compounded with deployment related challenges. Through compassionate care and clinical excellence, Vista del Mar Hospital offers a specialized inpatient program for active duty service members suffering from a myriad of issues, including:

- PTSD
- Acute Stress Disorder
- Combat Operational Stress
- Substance Abuse Disorders
- Suicidal and Homicidal Ideation
- Depression and Anxiety



We do this by offering a full spectrum of inpatient services in a caring atmosphere where patients actively participate in their own treatment. Service members create a community within the hospital in which they relate and provide support to one another in groups. Our ultimate goal is to provide a safe and accepting environment, where our patients can begin their road to successful reintegration.

To learn more, or to refer a patient  
Please call: **800.776.0040**

### **Vista del Mar Hospital**

801 Seneca Street  
Ventura, CA 93001  
805.653.6434

**[www.vistadelmarhospital.com](http://www.vistadelmarhospital.com)**

### Vista del Mar Hospital Military Program Mission:

To restore the mental well-being of military personnel and return our service men and women back to active duty with the highest level of functioning, optimizing mission readiness and overall well-being.

We will accomplish this by providing the highest level of care, utilizing specialized trained staff, offering a variety of treatment modalities that specifically address the unique needs of each individual.

*~ The Staff of Vista del Mar Hospital*