



2012 Lunch & Learn Series
11:30 to 1:00 p.m.
801 Seneca St.
Ventura, CA 93001

Tuesday, February 14, 2012

Getting Connected: Key Resources for Mental Health Providers

Facilitated by Sarah Green, LMFT

Licensed Marriage Family Therapist

Learn about key resources in our community. Sarah Green, Supervisor of Aurora Vista del Mar Hospital's Case Management Department will lead a short informative panel on "Getting Connected" followed by your chance to visit the resource tables of key mental health professionals and/or agencies. Lunch will be served. CEUs will not be available for this event.

***Tuesday, May 8, 2012**

Psychotherapy & Addiction - Wendy Cardone, LMFT

Licensed Marriage Family Therapist

Wendy Cardone, a Licensed Marriage Family Therapist and Certified Addiction Specialist, will discuss the factors leading to addiction along with the characteristics of addicted persons. In addition Wendy will look at the 12 step model in relation to psychotherapy, spirituality, religion. Motivational interviewing will be discussed as a tool to initiate the change process .

***Tuesday, August 14, 2012**

Suicide Assessment & Response to Risk - Randy Wood, Ph.D.

Licensed Clinical Psychologist

As Mental Health Professionals it is a responsibility to refresh our knowledge on Suicide Assessment & Response. Please join us as Dr. Randy Wood shares his expertise. You can never be too prepared.

Tuesday, November 13, 2012

Psychotropic Medications - Steven Ruths, M.D.

Medical Director Aurora Vista del Mar Hospital

Dr. Ruths will give a general overview of the psychotropic medications currently being used to treat a variety of mental disorders as well as those used for detoxification. Newly approved medications appropriate to the mental health setting will also be discussed. Come join us for an informative hour.

*NOTE: Course meets the qualifications for 1 hr of CE credits for both MFT and LCSWs as required by the Board of Behavioral Sciences of California -PCE 412 and 1 hr CE credits for RNs as required by the Board of Nursing

REGISTER ON-LINE AT:

www.vistadelmarhospital.com/events

or call **Jetta Zellner at 805.626.5243**

When calling please spell your first and last name, and leave your phone number. Please also state if you are collecting CEUs .

Please RSVP Space is Limited

2012 L&L

*We suggest carpooling
with a friend or colleague.*